

# KLS 2012 Traditional Karate Tournament

All Who Follow WKF/USA-NKF Rules Are Welcome

Presented By:



**MATTS!!**  
in some rings  
this year



Shito Ryu Karate-Do

DATE: Saturday, January 28, 2012

**Fees:** Prior to Event Day Pre reg \$35.00 All Divisions  
Event Day (at door) \$45.00 All Divisions  
Ninja's (4-6 yr olds) Pre reg \$30.00  
Ninja's Event Day (at door) \$35.00  
Family Discount, \$5 off 2<sup>nd</sup> member or more.

**Spectator Fees:** Adults \$3.00  
(Spectators pay at the door!) 5-12 yrs old \$2.00  
Under 4 yrs old Free

**Registration:** Pre-registration must be received by Thursday, January 26, 2012. **First to register are placed last on the charts!** Mail or deliver registration forms and payment to Karate Life Studios (please do not mail cash). Registration at the door is between 9:00 AM and 10:00 AM on January 28. No refunds once registrations have closed.

**FORMS ARE AVAILABLE ON WEB SITE FOR DOWNLOAD!!**  
www.karatelifestudios.com

## Check In Times:

**9:45 AM** All Little Ninjas ages 4-6  
All 8-10 Year olds  
All 5-7 year olds

**10:45 AM** **All Black Belts**  
Advanced Synchro Kata after BB divisions  
Advanced Kobudo Kata after BB divisions  
Open Division, Kata and Kumite after BB divisions

**12:15 PM** All 11-13 year olds, Beg, Nov, Int, Adv

**1:15 PM** All 14-15 year olds, Beg, Nov, Int, Adv  
All 16-17 year olds, Beg, Nov, Int, Adv  
All 18-34 year olds, Beg, Nov, Int, Adv  
All ages 35 & over, Beg, Nov, Int, Adv

**Food and Drink Available on Site!!**  
**McDonalds & White Castle walking distance.**

## Competition begins at 10:00 AM.

Little Ninjas (4-6 yr. olds) and 8-10 year olds will compete first. The Ninjas will have special relays, listening and coordination tests in a fun atmosphere. Ninjas should take an hour.

**Tournament Director: Charles Jarnagin**

**Chief Referee: Glen Schirmer, former ISKC Chief Referee**

Karate Life Studios 5217 Chippewa St. Louis, MO 63109 Phone: 314-352-6166

## Rules: USA-NKF / WKF

This is a Traditional Japanese Style Karate Tournament. All who follow 2011 USA-NKF rules may compete.

### Rule Exceptions and Changes:

**Repechage elimination** for all Kyu Rank Kumite divisions, 2 min **running time**.  
All Kyu rank Kumite most points at time or 1<sup>st</sup> to 6 points  
Black Belts 14 & older Kumite double elimination, 3 minutes **running time**  
Black Belt 14 & older elimination rounds are 1.5 min **running time**  
Black belts Kumite most points at time or 8 point lead  
All Kata divisions are scored by Repechage, Chicago style, same time Katas  
Refereeing by mirror only when sufficient judges are not available  
Two of the 4 rings smaller than regulation size—**Main Rings will be matted**  
Referee dress may include gi's for Black Belts or black polo shirt with gray slacks  
Cloth shin/instep protectors or USA/NKF shin instep are required  
Headgear not required for 18 & older Black Belt Kumite  
Coaching uniform: Karate Gi, Track Suit, or Referee Uniform

**Uniforms:** Clean, White Gi with only one patch or logo, and a rank belt. (Little Ninjas excepted)

**Sparring Equipment:** The following equipment is mandatory for all sparring competitors: **Mouthpiece, cloth shin and instep protectors, groin cups (required for males, optional for females), USA-NKF hand pads (others must be approved by Chief Referee) and foam headgear.** You may be disqualified for missing equipment. Optional equipment includes cloth arm protectors and foam chest protectors. No protective padding or headgear with hard plastic or metal will be allowed. All equipment must be approved by the Chief Referee prior to competition. Exceptions approved by Tour Director.

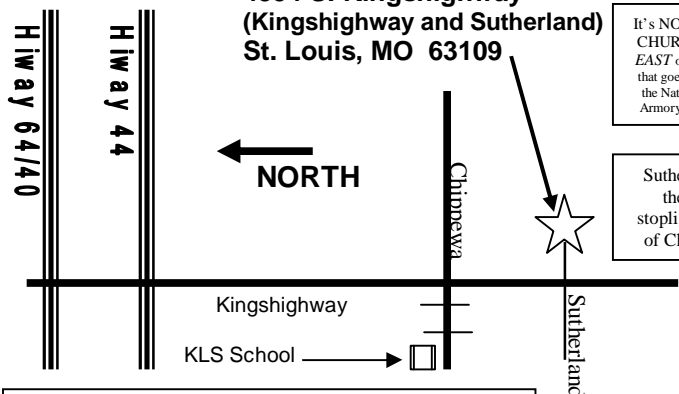
Only Safety Glasses or Soft Contact lenses may be worn during sparring competition. No jewelry, headbands, or hair clips are permitted.

## Where:

**MSGR. Louis F. Meyer Youth Center**  
**4354 S. Kingshighway**  
**(Kingshighway and Sutherland)**  
**St. Louis, MO 63109**

It's NOT AT THE CHURCH! Turn EAST on Sutherland that goes in between the National Guard Armory and Rallys.

Sutherland is the next stoplight south of Chippewa



**Recommended Hotel:** (See Map for More)  
Holiday Inn Forest Park 314-645-0700  
5915 Wilson Ave  
St. Louis, MO 63110

For help  
on Jan 28  
Call  
**352-6166**

# KLS 2012 Traditional Karate Tournament Registration Form

Competitors Name: \_\_\_\_\_ AGE: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ / \_\_\_\_\_ Club Name: \_\_\_\_\_ Instructors Name: \_\_\_\_\_

I hereby voluntarily submit my application for attendance and participation in this KARATE Tournament, sponsored by Karate Life Studios and directed by its affiliated members. I understand that this is a potentially dangerous activity. Bumps, bruises, scrapes and scratches are commonplace, with the possibility of sprains, strains, fractured or broken bones. Even with safety precautions, there is always a possibility of crippling or death. I understand these risks and do hereby assume full responsibility for my safety (or the safety of my child). By assuming this responsibility, I completely absolve Karate Life Studios, Louis F. Meyer Youth Center, the Archdiocese of St. Louis, the Catholic Youth Apostolate, the staff, judges and referees, operators, landlords, promoters or sponsors of said KARATE Tournament, individually or otherwise, for any claim for injuries that I (or my child) may sustain. I also agree not to bring claim or suit against Karate Life Studios, Louis F. Meyer Youth Center, the Archdiocese of St. Louis, the Catholic Youth Apostolate, the staff, judges and referees, operators, landlords, promoters or sponsors of said KARATE Tournament on behalf of myself or my child for any injury or harm sustained at this tournament. I indemnify Karate Life Studios, Louis F. Meyer Youth Center, the Archdiocese of St. Louis, the Catholic Youth Apostolate, the staff, judges and referees, operators, landlords, promoters or sponsors of said KARATE Tournament for all judgments, costs, attorneys fees and other expenses incurred as a result of claim or suit brought by myself or my child. I fully understand that any medical treatment given me (or my child) will be of first aid treatment type only. I agree to strictly obey the rules of and directors of this tournament. Finally, I agree to allow, without compensation, the unrestricted use of any photographs, films, or videotapes of myself or my child.

SIGNATURE (Parent Signature if under 18): \_\_\_\_\_ Date \_\_\_\_\_

Check here  
for  
**LITTLE  
NINJA'S**

Please return this form with payment to **Karate Life Studios, 5217 Chippewa, St. Louis MO 63109**

Or

Bring to Tournament Site Saturday January 28, 2012

**Place an "X" in the appropriate box for EACH EVENT this person will compete in!**

**Little Ninjas** (ages 4-6) 3 events (relays, obstacle courses, balance challenges, etc.)

Kihon Divisions	Kata Divisions	Female Kumite	Male Kumite	
<input type="checkbox"/> Beginner Age 5-7 <input type="checkbox"/> Novice Age 5-7 <input type="checkbox"/> Intermediate Age 5-7 <input type="checkbox"/> Advanced Age 5-7  <input type="checkbox"/> Beginner Age 8-10 <input type="checkbox"/> Novice Age 8-10 <input type="checkbox"/> Intermediate Age 8-10 <input type="checkbox"/> Advanced Age 8-10  <input type="checkbox"/> Beginner Age 11-13 <input type="checkbox"/> Novice Age 11-13 <input type="checkbox"/> Intermediate Age 11-13 <input type="checkbox"/> Advanced Age 11-13	<input type="checkbox"/> Beginner Age 5-7 <input type="checkbox"/> Novice Age 5-7 <input type="checkbox"/> Intermediate Age 5-7 <input type="checkbox"/> Advanced Age 5-7  <input type="checkbox"/> Beginner Age 8-10 <input type="checkbox"/> Novice Age 8-10 <input type="checkbox"/> Intermediate Age 8-10 <input type="checkbox"/> Advanced Age 8-10  <input type="checkbox"/> Beginner Age 11-13 <input type="checkbox"/> Novice Age 11-13 <input type="checkbox"/> Intermediate Age 11-13 <input type="checkbox"/> Advanced Age 11-13  <input type="checkbox"/> Beginner Age 14-15 <input type="checkbox"/> Novice Age 14-15 <input type="checkbox"/> Intermediate Age 14-15 <input type="checkbox"/> Advanced Age 14-15  <input type="checkbox"/> Beginner Age 16-17 <input type="checkbox"/> Novice Age 16-17 <input type="checkbox"/> Intermediate Age 16-17 <input type="checkbox"/> Advanced Age 16-17  <input type="checkbox"/> Beginner Age 18-34 <input type="checkbox"/> Novice Age 18-34 <input type="checkbox"/> Intermediate Age 18-34 <input type="checkbox"/> Advanced Age 18-34  <input type="checkbox"/> Beginner Age 35 & over <input type="checkbox"/> Novice Age 35 & over <input type="checkbox"/> Intermediate Age 35 & over <input type="checkbox"/> Advanced Age 35 & over	<input type="checkbox"/> Beginner Age 5-7 <input type="checkbox"/> Novice Age 5-7 <input type="checkbox"/> Intermediate Age 5-7 <input type="checkbox"/> Advanced Age 5-7  <input type="checkbox"/> Beginner Age 8-10 <input type="checkbox"/> Novice Age 8-10 <input type="checkbox"/> Intermediate Age 8-10 <input type="checkbox"/> Advanced Age 8-10  <input type="checkbox"/> Beginner Age 11-13 <input type="checkbox"/> Novice Age 11-13 <input type="checkbox"/> Intermediate Age 11-13 <input type="checkbox"/> Advanced Age 11-13  <input type="checkbox"/> Beginner Age 14-15 <input type="checkbox"/> Novice Age 14-15 <input type="checkbox"/> Intermediate Age 14-15 <input type="checkbox"/> Advanced Age 14-15  <input type="checkbox"/> Beginner Age 16-17 <input type="checkbox"/> Novice Age 16-17 <input type="checkbox"/> Intermediate Age 16-17 <input type="checkbox"/> Advanced Age 16-17  <input type="checkbox"/> Beginner Age 18-34 <input type="checkbox"/> Novice Age 18-34 <input type="checkbox"/> Intermediate Age 18-34 <input type="checkbox"/> Advanced Age 18-34  <input type="checkbox"/> Beginner Age 35 & over <input type="checkbox"/> Novice Age 35 & over <input type="checkbox"/> Intermediate Age 35 & over <input type="checkbox"/> Advanced Age 35 & over	<input type="checkbox"/> Beginner Age 5-7 <input type="checkbox"/> Novice Age 5-7 <input type="checkbox"/> Intermediate Age 5-7 <input type="checkbox"/> Advanced Age 5-7  <input type="checkbox"/> Beginner Age 8-10 <input type="checkbox"/> Novice Age 8-10 <input type="checkbox"/> Intermediate Age 8-10 <input type="checkbox"/> Advanced Age 8-10  <input type="checkbox"/> Beginner Age 11-13 <input type="checkbox"/> Novice Age 11-13 <input type="checkbox"/> Intermediate Age 11-13 <input type="checkbox"/> Advanced Age 11-13  <input type="checkbox"/> Beginner Age 14-15 <input type="checkbox"/> Novice Age 14-15 <input type="checkbox"/> Intermediate Age 14-15 <input type="checkbox"/> Advanced Age 14-15  <input type="checkbox"/> Beginner Age 16-17 <input type="checkbox"/> Novice Age 16-17 <input type="checkbox"/> Intermediate Age 16-17 <input type="checkbox"/> Advanced Age 16-17  <input type="checkbox"/> Beginner Age 18-34 <input type="checkbox"/> Novice Age 18-34 <input type="checkbox"/> Intermediate Age 18-34 <input type="checkbox"/> Advanced Age 18-34  <input type="checkbox"/> Beginner Age 35 & over <input type="checkbox"/> Novice Age 35 & over <input type="checkbox"/> Intermediate Age 35 & over <input type="checkbox"/> Advanced Age 35 & over	<p><b>Kobudo</b> (Weapons)</p> <input type="checkbox"/> Kyu Ranks, All ages  <input type="checkbox"/> Black Belt   <p><b>Synchronized Kata (3 person)</b></p> <input type="checkbox"/> Kyu Ranks, All ages  <input type="checkbox"/> Black Belt

Black Belt Kata	Black Belt Female Kumite	Black Belt Male Kumite
<input type="checkbox"/> Age 15 and under <input type="checkbox"/> Age 16-24 <input type="checkbox"/> Age 25 and over <input type="checkbox"/> <b>Open Division</b> (any age or rank)	<input type="checkbox"/> Age 13 & Under <input type="checkbox"/> Age 14-17 <input type="checkbox"/> Age 18-34 <input type="checkbox"/> Age 35 & over	<input type="checkbox"/> Age 13 & Under <input type="checkbox"/> Age 14-17 <input type="checkbox"/> Age 18-34 <input type="checkbox"/> Age 35 & over <input type="checkbox"/> <b>Open Division</b> (any age or rank)